

Value added Course (VAC)
Understanding India

Unit	Course Details
01	Discovering immortal India through Vedic and non-Vedic philosophies – wild life and ethnic communities of rural India.
02	Spiritual and Material Culture – Ajivikism, Vaishnavism, Jainism, Buddhism and Sufism.
03	Culture and heritage of India – art & architecture of different ages.
04	Evolution of different forms of music and dance as the performing art – (a) music of north and south Indian varieties – (b) dance of north, south and north-eastern varieties – (c) folk music and folk dance of Bengal.

Suggested Reading

Major 1.1 : History of Early India from the Remote Past to the Late Vedic Period

1. D. D. Kosambi : *The Culture and Civilization of Ancient India in Historical Outline*
2. A. L. Basham : *The Wonder that was India.*
3. Irfan Habib : *Pre-History ; Indus Civilization (2002) ; The Vedic Age (2003)*
4. Romila Thapar : *Early India from the Beginning to 1300*
5. Upinder Singh : *A History of Ancient and Early Medieval India.*
6. R.S.Sharma : *India's Ancient Past.*
7. Bridget and Allchin : *The Rise of Civilization in India and Pakistan.*
8. Uma Chakraborty : *The Social Dimensions of Early Buddhism.*